

# Books and More

## A Newsletter of the Dundee Library

---

January 2019

---

### January Calendar

- Jan. 2nd, Wednesday, 4pm Gingerbread Houses-Bring leftover Christmas candy to decorate gingerbread
  - Jan. 3rd, Thursday, 10am, Storytime- Gingerbread Houses-We'll read about Gingerbread mouse and her search for a new house. We'll make a house for her.
  - Jan. 4th, Friday, 3pm- also Jan. 8th, 18<sup>th</sup>, 22<sup>nd</sup>, Lego Club-New this month, we are trying a Friday Lego Club time. Try some of our winter challenges.
  - Jan. 7th, 14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup>, 2pm Knit and Chat, Bring in your works-in-progress or unfinished objects and share some laughs with old and new friends. Find inspiration for new projects.
  - Jan. 9<sup>th</sup>, Wednesday, 4pm- Rosettes are light and flaky treats dusted with powdered sugar that resemble snowflakes. Find out how they are made and try them!
  - Jan. 10<sup>th</sup>, Thursday, 10:30am Storytime- Winter- Celebrate winter fun: Sledding, skating, snowball fights and building snow forts.
  - Jan. 12<sup>th</sup>, Saturday, 11am- Crocheted Snowflakes are some of the prettiest parts of winter. Decorate your home with snowflakes. Crochet hooks, a pattern, and thread will be provided.
  - Jan. 15<sup>th</sup> and 29th, Tuesdays, 3pm- Open Play- Open ended play for families or with friends. Choose a book, play a game, color, play with the kitchen set, Legos or do a puzzle.
  - Jan. 16<sup>th</sup>, Wednesday, 4pm-Do You Want to Build a Snowman? Build snowmen in our play area behind the library. Dress warmly! If there is no snow outside we'll make snowmen inside and play winter games.
- 

### New Year, New You?

Have you made any New Year's Resolutions for 2019? We all know that very few people keep working on their resolutions past the first few days of January, so why even bother? It is a fact that education is a lifelong process. We never stop learning. So let's consider the learning process. When you learned to read, or play basketball, or play piano, for example, you started slowly learning the basics first. Then you practiced each skill over and over again. When you were ready, you went on to develop more advanced skills. So why do we think we can start something overnight and be successful at it?

First of all, we do not have to wait until the New Year to work on something we really want to do, and although the New Year has begun, we can still make an effort to accomplish goals. Start small. Learn the basics first. Do you want to lose weight, learn to speak a new language, quit smoking, etc.? Our library contains a wealth of information that you can use to move forward with your goals. Take the books home and study them. Make your plan and then execute your plan. Be ready to practice and adjust your plan. Before you know it-success!

Do you want to stop smoking? Try Stop Smoking Now! by Garland Y. DeVelsky or Quit and Stay Quit -A Personal Program to Stop Smoking by Terry Rustin. Need exercise? Use The Complete Book of Running for Women by Claire Kowalchik, Cool Yoga Tricks by Miriam Austin, Anatomy of Exercise for 50+, by Hollis Lance Liebman. We have The Lose Weight Naturally Cookbook by Sharon Claessons, Eat Fat, Get Thin by Mark Hyman. For healthy eating try Superfoods- the Healthiest Foods on the Planet by Tonia Rhinehard, and a choice of vegetarian and gluten free cookbooks. How about Getting Control of Your Anger by Carol Larsen Hegarty, or Feng Shui for Beginners by Richard Webster? Try the library to fulfill your dreams.

### Book Club

We will meet on Saturday, January 19, 2019 at 11am for refreshments and to discuss The Lighthouse Keeper's Daughter, by Hazel Gaynor. Please join us!

### CALENDAR CONTINUED

- Jan. 17<sup>th</sup>, Thursday, 10:30am-Storytime- Snowmen, read stories, create snowmen, Snowmen snacks.
- Jan. 19<sup>th</sup>, Saturday, 11am Dundee Book Club The Lighthouse Keeper's Daughter, refreshments
- Jan. 21<sup>st</sup>, Monday, and 22<sup>nd</sup> and 23<sup>rd</sup>, 1pm-6pm Book Sale
- Jan. 21<sup>st</sup>, Monday, 1pm, Meeting of the Board of Trustees. Public welcome, NOTE CHANGE Of TIME
- Jan. 23<sup>rd</sup>, Wednesday, 4pm- Learn to Knit Knit a scarf. All skill levels welcome. Knitting needles and yarn provided.
- Jan. 24<sup>th</sup>, Thursday, 10:30am-Storytime Chinese New Year
- Jan. 24<sup>th</sup>, Thursday, 3pm Tales for Tails- Come Meet Oscar and share one of your favorite books with him.
- Jan. 30<sup>th</sup>, Wednesday, 4pm Machine Sewing- Basic Skills, complete a project
- Jan. 31<sup>st</sup>, Thursday, 10:30am Storytime Groundhogs Day

### The Children's Corner

Let's read these delightful books for the winter season:

Snowballs by Lois Ehlert

Learning to Ski with Mr. Magee by Chris VanDusen

Kate Skates by Jane O'Connor

Pinkalicious- Pink around the Rink by Victoria Carr

Poppleton in the Winter by Cynthia Rylant

A Wonderful Year by Nick Bruel

### Newsletter Information

We have begun using email to spread the news about our library's many assets and new programs. We hope you will read about our offerings and take advantage of our scheduled activities to keep your children's minds active and to enjoy our adult programs and our vast collection. Feel free to forward our newsletter to friends and family. To have the newsletter emailed to you directly, notify one of the clerks of your email address.

This newsletter is published only 12 times per year. If you do not want to continue To receive this newsletter you may opt out by calling the library at 607-243-5938 and your name will be removed from the list. Thank you.

### Book Sale

The Dundee Library Book Sale will be held January 21, 22, and 23, 2019. We will be open during our regular Monday, Tuesday, and Wednesday hours, 1pm to 6pm. Please, NO donations will be accepted.

Dundee Library, 32 Water Street, Dundee, NY 14837 607-243-5938 [www.dundee.lib.org](http://www.dundee.lib.org) Visit us on Facebook.

